

TOP NEWS

from

TREE TOPS

December 2007

The December holidays have now arrived! Before long, the lobbies and common areas will be festive and lovely. We hope you are entering into the spirit as well.

Some interesting trips, as well as a calendar of programs, activities and entertainment are planned. Two holiday sing-along programs are on the calendar with a pianist and an accordionist. Don't miss the annual Holiday Reception which will include fun entertainment. Be sure to ride along on the van to look at the holiday lights with your neighbors. And you won't want to miss the New Year's Eve Social Hour.

Some great Saturday movies and regular monthly activities such as booklovers group, current events, and afternoon bingo are all part of the agenda for December. Check

your calendar and this newsletter and plan to be part of the fun!

Tuesday Fun Trips

December 4: **11:00** – Trip to **Bachman's**, lunch at **Steak & Ale**.

December 11: **11:00** – Tour the **American Swedish Institute**, lunch at **Famous Dave's Barbecue**.

December 18: **5:30 and 6:45** – **Holiday Lights Drives**.

Monday, December 24: **9:30** – Breakfast trip to **Curran's**.

Regarding Tuesday van trips – Please note...We have eliminated the Tuesday Target trip this month. But remember, every Monday at 1:00 the van shopping trip takes you to Target too! We will have field trips on the 4th and the 11th, and two

holiday lights drives on the evening of the 18th. To top off the month, we will take a breakfast trip to Curran's Restaurant on Monday, December 24. Join us on a December trip!

Best Wishes to our December Birthdays

David – December 2
Jerry – December 3
Jeanette – December 8
Lucia – December 10
Helen – December 18
Charlotte – December 22
Doris – December 27

Welcome! Welcome!

You may have met some of your new neighbors by now. Join us in welcoming **Perry** (apt. 604). Say hello and introduce yourself when you see him!

A Word (or Two) from Sally:

Holiday Reception

We would like you to be our guest at a Festive Holiday Reception on Friday, December 21, any time between 4:30 and 5:30 p.m. The menu will include hearty hors d'oeuvres, beverages and

desserts. Plan to enjoy a time of delicious food, entertainment, and socializing. Watch for an invitation at your door and plan to sign up in the office by Monday, December 17.

Our “**floor coffees**” will resume again in January 2008.

Door Decorating Contest

Some “impartial judges” will travel the halls the week of December 17 to select the best decorated door on each floor and the overall best decorated door. Winners will be announced, and prizes will be awarded, at the Holiday Reception on December 21. Hang up something festive for the holiday!

Please note: We have learned that decorating your balcony is prohibited for safety reasons. Therefore, we will not have a balcony decorating contest.

Volunteers Needed!

I would like to serve cookies and coffee or cocoa following the holiday lights trips. However, I will need volunteers! I could have everything set up in advance, and you would simply need to be here to welcome people and assist if needed. I plan to offer this following both trips –

around 6:30 and then again around 7:45. Let me know if you are interested in helping!

Spirit of the Season

Share a gift with other seniors in our area! Drop your unwrapped gift in the office on Thursday, December 13th, between 3:00 and 6:00, and enjoy a holiday refreshment. We will also need volunteers to wrap and deliver the gifts to a southwest Minneapolis senior neighbor. Call or see Mary if you have questions.

WEEKLY EVENTS

Sunday - 2:00

Sunday Coffee Hour - Each Sunday the coffee's on in the Tree House Room. Come down for a pleasant visit with your neighbors. If you have a treat you would like to share, bring it with you.

Monday- 12:30

Wellness Nurse - Our nurse case manager comes to our library each week to take blood pressure and answer general medical questions.

Tuesday - 9:25

Mobile Post Office - The U.S.

Postal Service brings a full-service truck up to our front door. All your postal needs can be met including stamps, package mailing, and money orders. Take advantage of this convenient service.

Tues., Thurs. and Sat. - 9:45

Exercise - The group uses a 30-minute video of exercises for seniors. Exercises are either sitting or using a chair to help maintain balance. The exercises are not complex or difficult. New residents are always welcome.

Tuesday - 2:00

Java with Joy - Stop by for coffee and a treat and a visit with Joy and your neighbors, as well as guests who are interested in moving into our apartment community.

Wednesday - 9:00

Shopping Van - The van takes residents to Rainbow & Lunds for grocery shopping. You may also stop at Wells Fargo Bank. Sign-up sheets are in the office.

Wed., December 12 & 26 - 2:00

Schwans - The driver brings all the delicious Schwans products that can be purchased.

Thursday - 7:00

Bingo - Cards are 5 cents each per game. You can enjoy an inexpensive evening with your friends. The games last no longer than 9:00 Bring your nickels (we make change, too) and join the fun! All residents are invited and encouraged to come!

Friday - 9:00

Erick's Groceries - Erick brings his whole line of dairy products, breads, snacks and other food products to the Tree House across from the office. You will like his handy service.

SPECIAL EVENTS

Saturday Movie Matinees

2:00 – Community Room

Dec. 1 – *Grumpy Old Men*

Dec. 8 – *Amazing Grace*

Dec. 15 – *A Christmas Story*

Dec. 22 – *Miracle on 34th Street*

Dec. 29 – *Waitress*

Monday, December 3 - 11:00

Catholic Communion - Sister Shirley will be here today. She will return again on **December 17**.

Monday, December 3 - 2:00

Fictionary – Library. Join other residents to enjoy a game of matching wits!

Wednesday, December 5 - 2:00

Bible Study - Catherine Beck leads an interesting study in the Book of Acts of the Apostles. All faiths are welcome. We will meet again on **December 19**.

Friday, Dec. 7 - throughout the day

Tree Trimming - Join your neighbors and lend a hand as we decorate the lovely trees in our building.

Friday, December 7 (1:00- 3:00)

Let the Games Begin! (note time) We'll have a variety of table games set up in the Tree House. Come down and join the fun!

Monday, December 10 - 2:00

Birthday Party - We will all celebrate the December birthdays with a “cake and ice cream” party. Come for the fun.

Wednesday, December 12 - 2:00

Chapel Service - a worship service of prayer, message, hymns and communion led by Rev. Marty Jones. A **Faith and Life Gathering** will be

held on **December 26.**

Thursday, December 13 (3:00 - 6:00)

Spirit of the Season - Share a gift with other seniors in our area. See Mary for details.

Friday, December 14 - 10:00

In the News - Library. Join your neighbors for a discussion of important (and not so important) events in the news.

Friday, December 14 - 2:00

Caroling with Lynn - sing the wonderful songs of the holidays with Lynn and her guitar and accordion. Join her for caroling in the halls, too!

Monday, December 17 - 10:00

Holiday Crafts – Join Joy and Sally for some holiday crafting. Watch for details later!

Monday, December 17 - 2:00

Our friend, **Roy Prohofsky, pianist**, returns to play your favorites, both Christmas and traditional. Join in for the sing-along!

Friday, December 21 - 9:00

Morning walk with Sally (weather permitting) Our walks around the neighborhood have been very enjoyable. Let's do it again! Meet

in the lobby.

Friday, December 21 (4:30 - 5:30)

Holiday Reception - Seating in both the Community Room and the Tree House (entertainment is strolling). We will need your reservation by Friday, December 8 to attend.

Thursday, December 27 - 10:00

Booklovers Group - Meet in the Library for a discussion of the books you've been reading on your own lately.

Friday, December 28 - 10:00

Men's Coffee - Coffee and donuts just for "the guys." in the Tree House.

Friday, December 28 - 2:00

New Year's Social Hour - Ring in the New Year (a little early) with your neighbors. We'll have appetizers, punch, wine and beer!

Monday, December 31 - 10:00

"Morning" Bingo - Your last chance of the year! Enjoy a **morning** bingo game! No cost to you – we'll have prizes instead. Enjoy the refreshments and join the fun!

Snow Poem

I made myself a snowball,
As perfect as could be.
I thought I'd keep it as a pet,
And let it sleep with me.
I made it some pajamas,
And a pillow for its head.
Then last night it ran away,
But first – it wet the bed.