


Walker Place Happenings Calendar August 2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|---|--|
| 1 10:15 Worship: CH 5:30 Lake Harriet Bandshell 7:00 Movie: AR | 2 9:00 Exercise: AR 11:00 Lib Comm Mtg: LIB 11:00 Stretch & Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance: FIT Club 6:30 Games and Cards: AR | 3 NATIONAL NIGHT OUT 9:00 Exercise: AR 10:00 6th Fl. Coffee w/Chris: AR 1:00 Yoga: GER 2-2:30 Bld Press. Clinic: PDR 2:30 Speaker/ Dorothy Waltz on Thailand: AR 3:30 Speaker/Keith Ellison: AR 7:00 National Night Out | 4 8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch & Smile: AR 1:00 Resident B-day Party: MDR 1:30 Singspiration: CH 2:00 Dining Room Committee Open Forum: AR 2:30 FUNCTIONal Fitness: FIT Club 3:30 Schwan's: Lobby | 5 8:30 & 9:00 Rainbow/Lunds 9:00 Exercise: AR 12-1:30 Group F.I.T: Walking Club 2:00 Speaker/Anna Christoforides on Greece: AR 6:30 Bridge and Other Games: AR | 6 9:00 Exercise: AR 11:00 Stretch & Smile: AR 11:30 Better Balance: FIT Club 3-5:00 WP Farmer's Mini Market 7:00 Film Classics: AR | 7 2:00 Bingo: AR 7:00 Movie: AR |
| 8 10:15 Worship: CH 5:30 Lake Harriet Bandshell 7:00 Movie: AR | 9 9:00 Exercise: AR 10:00 Avada Screening: PDR 11:00 Stretch & Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance: FIT Club 6:30 Games and Cards: AR | 10 MN STATE PRIMARY 9:00 Exercise: AR 10:00 7th Fl. Coffee w/Chris: AR 11:00 Bible Study: AR 1:00 Yoga: GER 2-2:30 Bld Press. Clinic: PDR | 11 8:30 Exercise: AR 9:00 Coffee Hour: MDR 10:00 Res. Council Meeting: PDR 10-4:00 Swap Meet: AR 11:00 Stretch & Smile: AR 1:30 Singspiration: CH 2:30 FUNCTIONal Fitness: FIT Club | 12 8:30 & 9:00 Rainbow/Lunds 9:00 Exercise: AR 12-1:30 Group F.I.T: Walking Club 2:00 Speaker/Medicare Fraud: AR 6:30 Bridge and Other Games: AR | 13 9:00 Exercise: AR 10:00 St. Croix Boat Ride & Lunch 11:00 Stretch & Smile: AR 11:30 Better Balance: FIT Club 3-5:00 WP Farmer's Mini Market 3:30 WMHC David Allen Concert: CH 7:00 Film Classics: AR | 14 11:00 Armenian Dancers: CH 2:00 Bingo: AR 7:00 Movie: AR |
| 15 10:15 Worship: CH 11-1:00 WP Brunch: MDR 7:00 Movie: AR | 16 9:00 Exercise: AR 11:00 Stretch & Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance: FIT Club 6:30 Games and Cards: AR 7:30 Lake Harriet Bandshell | 17 9:00 Exercise: AR 1:00 Yoga: GER 1:15 Ideal Presence Dinner Show 2-2:30 Bld. Press. Clinic: PDR | 18 8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch & Smile: AR 1:30 Singspiration: CH 2:30 FUNCTIONal Fitness: FIT Club 3:30 Schwan's: Lobby 3:30 WMHC Pacem Singers: CH | 19 8:30 & 9:00 Rainbow/Lunds 9:00 Exercise: AR 12-1:30 Group F.I.T: Walking Club 6:30 Bridge and Other Games: AR | 20 9:00 Exercise: AR 11:00 Stretch & Smile: AR 11:30 Better Balance: FIT Club 3:00 Book Club: AR 3-5:00 WP Farmer's Mini Market 4:30-6:30 Greek Dinner: MDR 7:00 Film Classics: AR | 21 2:00 Bingo: AR 7:00 Movie: AR |
| 22 10:15 Worship: CH 7:00 Movie: AR | 23 9:00 Exercise: AR 10:15 WMHC Emily Ireland's Music Studio: CH 11:00 Stretch & Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance: FIT Club 6:30 Games and Cards: AR | 24 9:00 Exercise: AR 10:00 8th Fl. Coffee w/Chris: AR 11:00 Bible Study: AR 1:00 Yoga: GER 2-2:30 Bld. Press. Clinic: PDR | 25 8:30 Exercise: AR 9:00 Coffee Hour: MDR 11:00 Stretch & Smile: AR 1:30 Singspiration: CH 2:30 FUNCTIONal Fitness: FIT Club 2:30 Parkinson's Support Group: WMHC MDR 5:00 Walker Place 25th Anniversary Dinner: CH | 26 8:30 & 9:00 Rainbow/Lunds 9:00 Exercise: AR 12-1:30 Group F.I.T: Walking Club 3:00 Trivia: AR 6:30 Bridge and Other Games: AR | 27 9:00 Exercise: AR 10:00 Roman Catholic Lit: CH 10:00 All Res. Assoc. Meeting: AR 11:00 Stretch & Smile: AR 11:30 Better Balance: FIT Club 2-3:30 Happy Hour: MDR 3-5:00 WP Farmer's Mini Market 3:30 WMHC Tropical Music Concert: CH 7:00 Film Classics: AR 7:30 Lake Harriet Bandshell | 28 2:00 Bingo: AR 7:00 Movie: AR |
| 29 10:15 Worship: CH 7:00 Movie: AR | 30 9:00 Exercise: AR 11:00 Stretch & Smile: AR 1:00 Southdale Shopping 1-1:30 Group FIT/Better Balance: FIT Club 6:30 Games and Cards: AR 7:30 Lake Harriet Bandshell | 31 9:00 Exercise: AR 10:00 Lakewood Cemetery Tour & Lunch 1:00 Yoga: GER 2-2:30 Bld. Press. Clinic: PDR 3:00 Men's Club with Chris: PDR | | <i>Celebrate Greece!</i>  | KEY: AR - Activity Room CH - Chapel MDR - Main Dining Room PDR - Private Dining Room LL ATR - Lower Level Atrium GER - Group Exercise Room | NOTE: For further details on outings and events, please see the Happenings and Sign-up Sheets. |